

Comfort Meets *Productivity*

Innovation that has never been seen before



Interstuhl's story of success began in 1961, when two blacksmiths, Wilhelm and Werner Link, started to revolutionize the world of work. Interstuhl is now active across the world and is one of the leading European chair manufacturers. Our products make an important contribution to the health of the people using our products in offices or while working from home, in production environments, laboratories or while gaming. Technical perfection, uncompromising quality, design you can experience with all your senses and the careful handling of all resources are what characterize every Interstuhl product. **People are our reference point for everything we do.** Our aim is still to offer the best possible solution to our customers' requirements.

Better Seating

Did you know that everyday employees across the country spend at least 8 hours a day sitting at their desks? Because of this, there is an increasing number of work injury complaints and a sharp decrease in employee wellness and workplace happiness reports. One simple solution is to invest in Interstuhl's collection of ergonomic office furniture. Its furniture supports good posture and employee well-being through its innovative design and comfort. Read below to learn about our tips and tricks to benefit from our variety of ergonomic office furniture and how you can use it to create a happier and healthier workspace.

OUR BETTER SEATING TIPS

01. SEAT HEIGHT

If you tend to lean your upper body forwards regularly while working, you can set your chair a little higher than you would to form the 90° angles. If you lean back while working, simply set your chair a little lower.

02. BACKREST LOCK

For active sitting, it is essential the backrest lock is disengaged.

03. WEIGHT ADJUSTMENT

Make sure the weight adjustment is such that the reaction force gives you the sensation of floating when sitting.

04. SEAT DEPTH

Ensure the seat pad supports your thighs to relieve the strain on them, while also maintaining a little space (three fingers) from your knees.

05. SEAT TILT

Take the strain off your body next time you're leaning forwards to work.

06. BACKREST HEIGHT

Get a feel for the shape of your back, and adjust the backrest to suit it.

07. LUMBAR SUPPORT

Ensure you are well supported but without too much pressure.

08. ARMRESTS

Ensure a 90° angle here too. Ideally, the work surface can then be adjusted to the same height.

Iconic Products *From The Collection*



PURE IS3

PUREis3 is designed for sitting and made for movement. Unlike any other chair, PUREis3 has been developed entirely with active people in mind. This approach has required a complete re-invention of the "office chair". PUREis3 adjusts to the user, their body and movements without requiring them to make time-consuming adjustments.

EVERY

Taking something good and making it better - whether with a Chillback, mesh or now also with an upholstered backrest: The EVERY is the entry-level answer to the requirements of the new, mobile and modular world of work. Experience the highlights of the collection now!



VINTAGE IS5

The aim of realizing visions creates outstanding developments – For individuals and society as a whole. Our design has shapes that express conviction and functions that showcase our beliefs and zeitgeist. Our passion for engineering to live up to technological challenges and reinterpret complex systems sets standards. Efficiency is apparent in innovation, regardless of time and space. The innovative VINTAGEIS5 office chair range conveys all this in perfect harmony.

SILVER

Finding its origins in an office environment, the Silver product design has been designed equally for community and privacy. It was our aim to create an object which, in its many guises, can be an integral part of or a perfectly matched addition to any location - and has just as much impact when standing alone. An object whose quality, curves and details will cause a real stir.

